

The Hyphen

**THIS ELECTION
SEASON, WHAT DO
YOU STAND FOR?**



Staff Editorial: Stand For Something

It's 2018, the leaves are changing, and inevitably another year of midterms has arrived. At the *Hyphen*, we pride ourselves for being a non-biased outlet for news, opinions, reviews and much more. Although this is the first issue of the year, we are immediately covering topics we feel our community should know about and have opinions on.

As a student publication, it is assumed we cover only events in our school and in the immediate community around us. At the *Hyphen*, we connect national and local news. As students, we should develop our own political views and beliefs, despite heavy influences from the media and our environments we live in.

To those of you students taking part in this election, educate yourselves and vote. Voting may seem like a small contribution, but voting is one of the most important and powerful rights an American has. Use that right. You may be one person, but that is one more vote for the candidate that you support.

In the words of Abraham Lincoln, America is a "government of the people, by the people, for the people." This is your country, your state, your district and your government. **Go vote.**



I
Voted

Photo by Parker Johnson on Unsplash

Mission Statement

"The Jeffersonville High School newspaper, the Hyphen, is an open student forum for the exchange of ideas and opinions. The Hyphen will strive to publish fair, balanced, and accurate news for the interest and importance to the student body."

2018-2019 Hyphen Staff

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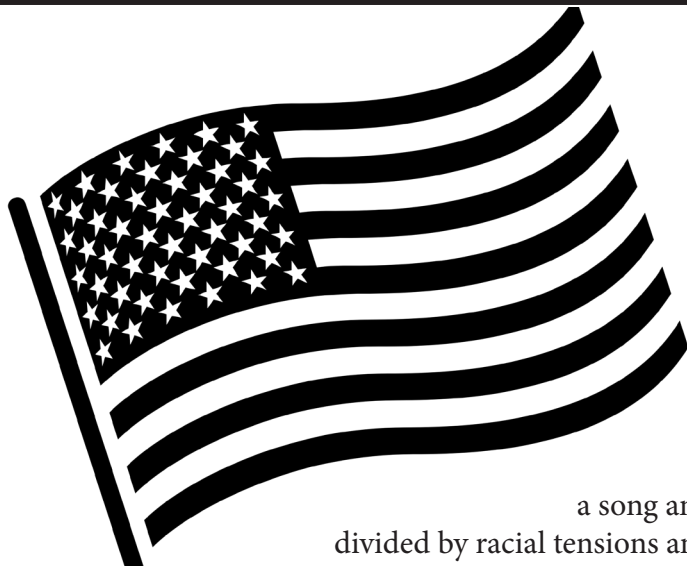
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BY CHLOE TREAT
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“This is America”

A flag,
 a song and a nation
 divided by racial tensions and injustice;
 this is America.

For some, the freedom and pride that comes along with being American is represented through our flag and our national anthem, but I’m here to break the news to you: it is so much more than that.

Sitting and kneeling during the national anthem is nothing new in America, yet it has created one of the biggest divides among people in this country to date. But the divide isn’t caused specifically by kneeling before a football game or sitting during the pledge in first period. The divide is due to the reasoning. Quite simply, everyone has a different perspective on life in America.

Both the American flag and the national anthem are symbols, and no great country is founded on symbolism. America was founded on freedoms, liberties and the privileged right to have a choice.

In some places around the world (North Korea, Venezuela, Syria, etc.), simply having an opinion is illegal and can even get you killed.

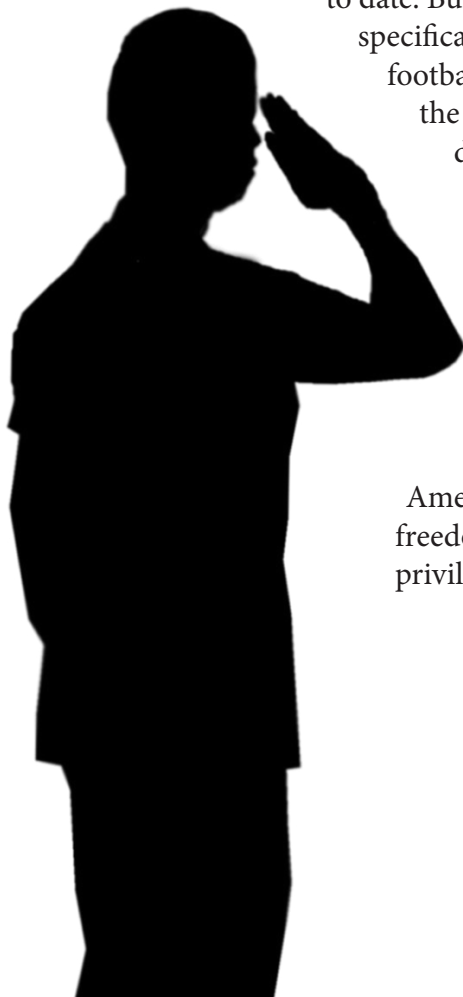
In the past year, the media and society in America have become a dangerously divided place of hatred, and our once “united nation” gone. The idea that not participating in the worship of a flag or song being is disrespectful to America is outlandish.

To anyone who asks, “why don’t you stand?”, the answer is everywhere around you. We live in a country that takes such pride in all men being equal when, in fact, there are stipulations and inequality. That is wrong. Not until every person is treated the exact same, no matter their physical appearance, will all of America stand.

From Martin Luther King, Jr. to Colin Kaepernick, the road to change has been paved. From urban cities to suburban neighborhoods, injustice will end and equality will arise.

Whether you sit or stand, always remember: **“Believe in something, even if it means sacrificing everything.”**
 - Colin Kaepernick

In the past year, the media and society in America have become a dangerously divided place of hatred, and our once “united nation” gone.



The Stress of a Student

BY BELLA BUNGAYAO

🐦 @bellabungcayao

Recent studies have shown that the modern-day student has equitable, if not more, stress and anxiety levels than that of a child psychiatric patient in 1950. Medical professionals have seen more anxiety in today's teens than they've ever seen before.

Despite all of the cultural and generational discrepancies, why has the world seen such a peak in "teen angst" recently?

Students claim that the amount of work they are given is nearly impossible to balance with a well-rounded schedule, but as far as the school system is concerned, there has not been a change in the amount of work given throughout the generations.

So with that being said, what is it like for a student who balances school, sports, work, and extra-curriculars? Not to mention being able to have any down time with family, or a social life.

Junior Reece Elder has a first-hand experience with this busy schedule. Elder is the current 2020 Class President, is heavily involved in theater, choir, and is also a player on the tennis team.

"Trying to find time for grades on top of sports and theater can be really stressful depending on how well you handle your time," Elder said, "I'm really bad at time management, personally,

"Teens today feel a lot of pressure from parents, teachers, coaches, etc. Failure has gone from being viewed as a learning opportunity to being clearly unacceptable."

- Dr. Sara Villanueva

so I do experience a lot of stress trying to balance all of this." The same can be said for most, if not all, of the busy students here at Jeff High.

Eventually, everyone will grow up and have to juggle a lifestyle that is always booked with events and work to do. However, is it sound for a teenager's mental health to handle a schedule that is just as occupied as a working adult's?

Dr. Sara Villanueva reported on this subject through PsychologyToday.com. "Teens today feel a lot of pressure from parents, teachers, coaches, etc." Villanueva said, "Failure has gone from being

viewed as a learning opportunity to being clearly unacceptable."

According to Villanueva, the cultural attitude and fear of failure is one of the leading causes of student stress.

From one student to another, there is nothing wrong with feeling overwhelmed sometimes. But in the end, if your mental health is at stake, your grade can wait. However, if your anxious thoughts makes you a danger to yourself or others, please seek help.



Your Cheat Sheet to Midterm Elections

BY MEREDITH SHEPHERD

🐦@TheHyphenNews

With midterms coming up soon, political issues are on voters' minds, but not everyone knows how the midterm election works or the importance it has for our government.

Midterm elections are for Congress — the U.S. House of Representatives and Senate. Congressional elections take place during even years, and the election in between presidential election years is known as the midterm.

In every midterm, about one-third of the Senate seats and all 435 House seats are voted on. This year, there are 35 Senate seats up for election.

Those voted into the House of Representatives have two-year terms, and are voted in based on districts within the state.

Indiana has nine districts. Clark County is in the ninth district. The two candidates running for the ninth district House seat are incumbent Republican Rep. Trey Hollingsworth and Democrat challenger Liz Watson.

The Senate has 100 total members who serve six-year terms. The seats being voted on this year include one of the two seats for Indiana. Incumbent Democrat Sen. Joe Donnelly is running against the Republican challenger Mike Braun, and the Libertarian challenger Lucy Brenton this November.

“Midterm elections are a referendum on the President. If voters don't like what a president is doing, midterms can change control of one or both houses of Congress,” said Aaron Dorman, a government teacher at Jeffersonville High School.

The midterm election usually attracts a lower turnout of voters compared to the presidential election, because not everyone thinks it is as important. If you are eligible to vote you should; the midterm election, just like the presidential election, is an opportunity to change the majority party in one of the three houses of the federal government.

“Midterm elections are a referendum on the President. If voters don't like what a president is doing, midterms can change control of one or both houses of Congress.”

- Aaron Dorman, JHS government teacher

What's at Stake in the Midterm Election?

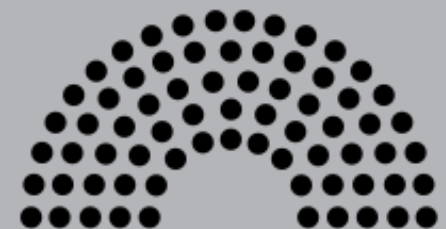
435

of the 435 House Seats



35

of the 100 Senate Seats



Candidate Profile: Trey Hollingsworth

BY SOPHIE ROUSSEAU

@TheHyphenNews

Trey Hollingsworth is the local Republican candidate for Indiana's ninth district. Hollingsworth is running for re-election. He has represented Indiana in Congress since 2017.

According to his campaign website, Hollingsworth's main goal is to see all Americans have the opportunity to succeed and direct the future of their families, which he believes should be free from government interference.

In addition, Hollingsworth has taken a stand on term limits. According to Hollingsworth, who has already served one two-year term in Congress, "Public service should not be a career path. I promise you that I will serve no more than eight years as your Representative."

Here are his views on some of the issues facing Congress:

The Economy: Hollingsworth's website says he has a "strong belief in the productivity of the American worker, the ingenuity of American companies, and the durability of the American economy." As a result, it says, "Trey knows American manufacturing can compete anywhere in the world if only we get government out of the way." He also notes, "I believe there is a big difference between people in the private sector earning a living and politicians living off our earnings. In my opinion, you shouldn't ask for the right to spend our tax dollars until you have had to honestly earn them from outside government."

Immigration: His views regarding immigration have never been directly stated, but according to his voting records he has voted no on bills that would ensure temporary legal status for Deferred Action for Childhood Arrivals (DACA) recipients. DACA is an immigration policy that allows some people brought to the United States illegally as children to delay deportation and potentially become eligible for citizenship. He also approves the appropriations for a southern border wall to be built.

Gun Laws: Hollingsworth does not support gun control legislation. He is the author of the POLICE Act, which enables law enforcement officers to remain armed in public federal buildings with low-level security.

Women's Rights: Hollingsworth's views on women's rights have never been directly stated, but when his wife was pregnant with their first child he made his views on abortion clear: "I am 100 percent pro-life, but now that my wife and I are expecting our first child, the sanctity of life means even more," he said at the time.

Health Care: Hollingsworth does not support the 2010 Affordable Care Act and has voted to repeal it. "We are determined to provide relief to the millions of families facing tough choices as a direct result of Obamacare, and we hope that you'll work with us to achieve our goal of more affordable, accessible health care that offers you and your family better options," he says.

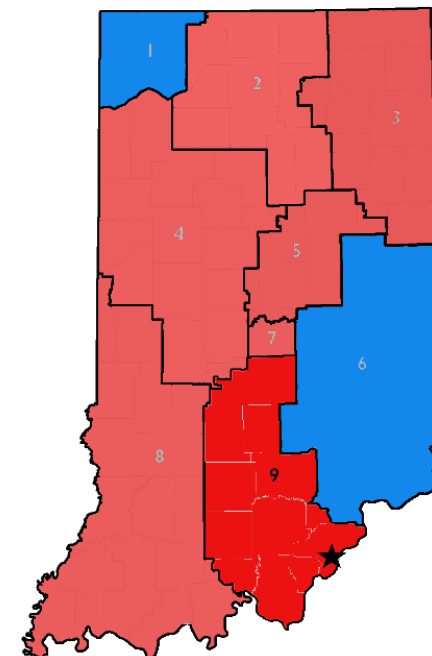


Photo from Google

"I believe in shrinking government... We need to free American innovators and families from the tentacles of a bloated government."

- www.votefortrey.com

BY GRETA REEL

 @TheHyphenNews

Indiana's 9th Congressional District includes Brown, Clark, Floyd, Harrison, Jackson, Johnson, Lawrence, Monroe, Orange and Washington counties, as well as areas of Crawford, Morgan and Scott counties.



Photo from Google

“When you work for people the economy has left behind, you see that impossibly low wages are not the only problem, it’s working conditions too.”

- www.lizforindiana.com

Candidate Profile: Liz Watson

Liz Watson is the local Democrat candidate for Indiana’s ninth district. Watson is running for the House of Representatives against Republican Trey Hollingsworth. According to her website, Watson is running for Congress to fight for working families in Indiana.

Here are her views on some of the issues she would face in Congress:

Women’s Rights: Watson’s website says she has been an advocate for women for 20 years, especially for working women with families. She has worked on improving the juvenile justice system to help with the needs of girls and young women with histories of sexual abuse. If elected, she plans to demand full funding for the Violence Against Women Act, as well as advocating for women to have economic security and control of their own healthcare.

Immigration: Watson says she believes in “a pathway to citizenship” for immigrants. She supports the DREAM Act, an act that protects immigrants who were brought to the U.S. as children. Watson says she doesn’t want to neglect border security; however, she believes the real job of Immigration and Customs Enforcement is to keep Americans safe, not to punish immigrants who are innocent.

Gun Laws: Watson says she respects the 2nd Amendment, but supports restrictions on assault weapons. Specifically, she wants to close loopholes that allow citizens to get their hands on guns more easily, such as the ability to conduct private sales of guns without a background checks. She opposes a bill that would require states to recognize concealed carry permits from other states. She wants more protection for the partners of domestic abusers, as federal law protects the spouses of the abusers but not the partners.

Health Care: Watson supports the Medicare for All Act of 2017 and plans to defend the Affordable Care Act and Planned Parenthood. She says Planned Parenthood provides good care for both genders and that it can be lifesaving. On her campaign website she stated: “That’s why I support Planned Parenthood. It’s why I will oppose any effort to defund it, which would take lifesaving healthcare away from women in our district and across America.” In addition, she wants to work with both parties to accomplish good healthcare.

Climate Change: According to Watson, “climate change is the greatest threat to future generations” and “there is no time to waste.” Watson supports a carbon tax on greenhouse gas emissions, which would help companies develop a clean energy future. Doing this would raise over a billion dollars to develop green technology and infrastructure. She believes this will create good paying clean energy jobs for Southern Indiana residents.

Meet the Candidates: Greater Clark County School Board

BY HAYLEE HEDRICK [@TheHyphenNews](#)

Education is powerful, and when accompanied by new perspectives it can lead to great transformations within our school system. Change is coming to the Greater Clark County Schools board, as potential new members representing districts one, three and four will be voted on during the Nov. 6 election.

On Oct. 3 a meeting was held at Jeffersonville High School at which school board candidates answered questions from the public (including residents, teachers, parents of students and even some students) at a “meet the candidates” forum. Tara Cofie, a member of the JHS debate team, was the facilitator of the event.

Few of the school board candidates were present at this event. Bill Hawkins (District 1), John Stagner (District 3), Nick Duran (District 4) and Kevin Anderson (District 3) couldn't make it due other commitments. The three that were able to make it were Janelle Fitzpatrick (District 4), John Buckwalter (District 3) and Lucas Hostetler (District 1).

Before the audience started asking questions, the candidates each introduced themselves to let the public know their background what they can bring to the table. Fitzpatrick discussed her teaching career and her job as a stand-up comedian. Buckwalter referred to himself as a lifelong educator and explained his time within the Woodrow Wilson program. Hostetler, who is from the New Washington area, shared how supportive he is of that community and his background in management.

Cofie started off the questioning with, “Why are you running for school board?” The candidates responded with the following.



All the candidates claim they can make needed changes to the system. We'll see who has the chance after the election on Nov. 6.

Janelle Fitzpatrick: Being a teacher in GCCS for past 20 years, I saw lots of good programs and lots of changes in what was expected of teachers, the time constraint, larger class sizes and not a whole lot of pay raise, especially when benefits cost more. Change is needed. I want to do some rebuilding (in trust with the community) and make Greater Clark a place where teachers are happy to work.

John Buckwalter: There have been surveys conducted but not acted upon... the purpose of the board is to address that. Every teacher sacrifices being a spouse, a parent, and doing whatever they do in their spare time, but they do so because we are all

student-centered. Someone has to do something about this, and I'm crazy enough to do it and I feel like I can make a difference [and what I'm trying to say is] if not now, then when?

Lucas Hostetler: I've had teacher's husband showing up to things but the teachers themselves didn't, they didn't want to be associated due to fear... I knew then I am running for a very good reason. That was what kind of solidified me to want to run even more than I already did. I want you guys to hold me accountable because I will hold you accountable if you're working your tails off in the classroom and you're not getting what you want, you have to hold me accountable to speak for you.

continues on page 9

Next, an audience member asked, “What happens when the people speak up and you (school board member) don’t agree with what they have to say, how will you respond?” The candidates responses are as follows.

Janelle Fitzpatrick: Any time you have more than one person in the room, you can have a difference of opinion. I’d like to see more balance. There needs to be more balance and then the more you all can bring up, it will be listened to because it needs to be listened to. We need to get more ideas and poll our people; I believe we will really go along way.

John Buckwalter: You’re the voice and when you work for the people that’s what it’s about: take what is said by the majority and then make educated best decisions with it. I would like to hope that there’s a symbiotic relationship between you and your board members so that we’re helping each other here and I’m making the best decision. You know sometimes you might not make best decisions, but you made it with the facts you had in front of you.

Lucas Hostetler: When you create an atmosphere and an energy that people want in a school, business, or corporation, it’s a positive. I hope and I pray that [the atmosphere] changes with this next election and you can go to school board meetings and actually say “I don’t want this.” And myself, hopefully, can say, “I really don’t think they want this, but what’s best in five years?” I think with better communication, we can get to that point and stronger leadership is needed for improvement.

All the candidates claim they can make needed changes to the system. We’ll see who has the chance after the election on Nov. 6.



Celebrate in November

BY EMMA ELLIS  @TheHyphenNews

Elections, Veterans Day and Thanksgiving aren’t the only events going on this month. Here are some other highlights for November:

November Monthly Observations

Adopt A Senior Pet Month
Aviation History Month
Epilepsy Awareness Month
National Inspirational Role Models Month
National Novel Writing Month
National Peanut Butter Lovers Month
National Pomegranate Month
National Scholarship Month
Prematurity Awareness Month
NoSHAVEmber

November Theme Days

November 1: World Vegan Day
November 3: Pumpkin Destruction Day
November 6: Nachos Day
November 9: World Freedom Day
November 11: Origami Day
November 13: World Kindness Day
November 14: International Selfie Day
November 15: Clean Out Your Refrigerator Day
November 16: International Day for Tolerance
November 17: Guinness World Record Day
November 18: Mickey Mouse Day
November 20: Peanut Butter Fudge Day
November 23: Dr. Who Day
November 24: Small Business Saturday
November 29: Square Dancing Day

Jeff's Chefs Show Off Their Skills With a Facebook Live Cooking Demo

This year, a new cooking club called Jeff's Chefs debuted at Jeffersonville High School. The club co-sponsor, Ms. Owens, created the group to give students experience in the restaurant industry. However, the group also attracted many students who simply enjoy cooking.

On Oct. 18, the club used social media to kick off the year and gain attention for their fundraising activities: a cooking class that viewers could watch on Facebook Live. Several teachers chimed in with comments and likes to show their support.

During the demo, club members made Hawaiian BBQ chicken braids under instruction of Pampered Chef's Candy Fox. They also raced to make homemade whipped cream to go on top of a chocolate lava cake.

Recipe from the Jeff's Chefs cooking demo
Courtesy of Pampered Chef

HAWAIIAN BBQ CHICKEN BRAID

Ingredients

4 oz cheddar cheese grated
¼ red onion
1 lb cooked chicken
½ cup ketchup
1 tsp apple cider vinegar
1½ tbsp Smoky Applewood Rub
½ cup fresh pineapple chunks
1 tbsp chopped fresh cilantro leaves
oil for brushing platter
1 pkg refrigerated pizza crust

Directions

Preheat oven to 400°. Grate the cheese. Finely chop the onion. Place the cooked chicken in a medium bowl and chop it. Add the cheese, onion, ketchup, vinegar, rub, pineapple, and cilantro to the bowl and mix well to combine. Brush a rimmed baking sheet with oil. Unroll the pizza dough onto the sheet and stretch it out to the width of the sheet. Use kitchen shears or a knife to cut 2" deep strips every 1½" along the long sides of the dough (there will be about 5" in the center for filling). Fill the center of the dough with the chicken mixture. To braid, position the platter so the strips are to your right and left hands. Pick up the top left strip, twist it once, and lay it across the center. Then, lift the top right strip, twist it once, and lay it on top of the previous strip. Continue alternating strips to form a braid. Bake for 15-18 minutes, or until it's golden brown. Cut into 8 slices.

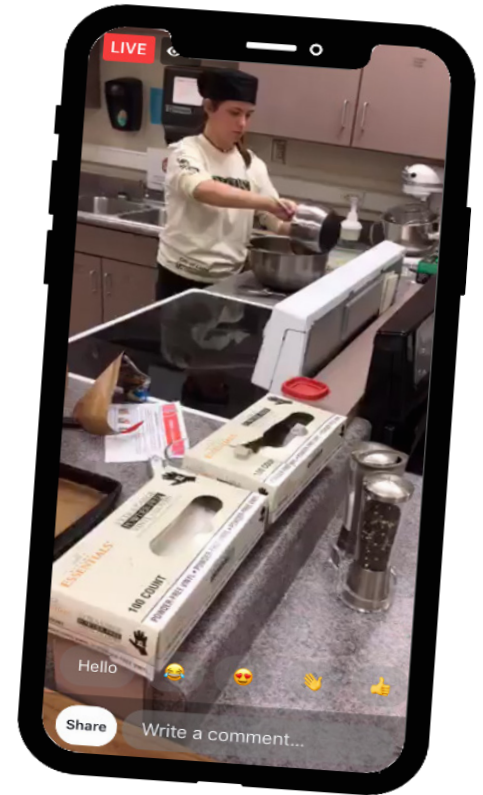
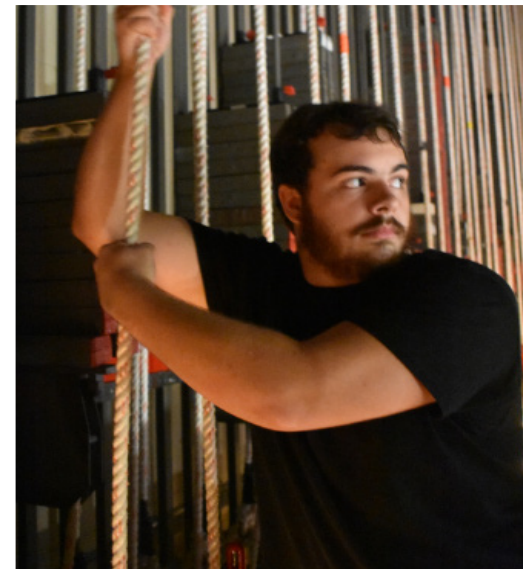


Photo Essay: Go Behind the Scenes as the JHS Theatre Tech Crew Builds Sets for OLIVER! The Musical

Photos by Kyle Rider, Special to the *Hyphen*

From Oct. 18-20, 2018, the award-winning JHS Theatre department presented *Oliver! The Musical* in our newly renovated auditorium. The musical is an adaptation of the Broadway musical based on the Charles Dickens novel. While many got to enjoy the singing, dancing and acting on stage, few got to see the work that went in to creating the sets ... until now. These photos take you behind the scenes with our talented tech crew.





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